# Day 1: Sunday 3 July DEPARTURE (SLEEP ON THE PLANE)

Depart Perth on Qatar QR901 @ 10.35 pm (Be at airport by 8 pm. Wear tour shirt).

Day 2: Monday 4 July TRANSIT (PROTEA COURT HOTEL)

Arrive Doha @ 04:40 am. Depart Doha on QR 1347 @ 07:35 am. Arrive Dar es Salaam @ 1.15 pm. Transported by coach to Protea Court Hotel. Time to relax, swim & shower. Buffet dinner at Protea Court Hotel. Debriefing in Hotel Conference Room.

Day 3: Tuesday 5 July TRANSIT (KISAMPA)

Depart by 8.00am in 4WD Vehicles. Lunch at Chalnize town where we will purchase Kangas. The drive takes us along the main road towards Arusha - then turns off back towards the coast through the Zaraninge Forest. Arrive at Kisampa around 4.00 pm to be received by Kisampa staff. Unpack. Dinner at Kisampa. Debriefing around the campfire.

Day 4: Wednesday 6 July MATIPWILI (KISAMPA)

AM -Today we will commence work in Matipwili Village. We will meet the tradesmen and organise work groups made up of students from Scotch, PLC and possibly Matipwili Secondary School. Each group will have a staff member in charge and will be allocated a task. Lunch will be in Matipwili village. PM - Continue work on project. Afternoon bush walk to Wami River. Dinner at Kisampa. Campfire debrief. NB. Kisampa staff will wash clothes for us daily.

Day 5: Thursday 7 July MATIPWILI (KISAMPA)

AM - Continue work on Matipwili Village Service Project. Lunch in Matipwili village. Walking through the village is always interesting. PM - Continue work. Dinner at Kisampa. Campfire debrief.

Day 6: Friday 8 July MATIPWILI (KISAMPA)

AM - Continue work on Matipwili Village Service Project. Lunch in Matipwili village. PM Continue Service Project. If we are lucky, we will be taken to visit a local Maasai village. Give last load of washing to Kisampa staff. Dinner at Kisampa. Campfire debrief.

# Day 7: Saturday 9 July

### MATIPWILI (KISAMPA)

AM - No washing today. Conclude Matipwili Village Service Project. Formal Reception in Village (wear tour shirt). This is when the Village Council assembles and there are speeches, singing and presentations. We will publically present our gifts at this time. Lunch in Matipwili village. PM - Soccer and Netball matches against Matipwili teams. Great fun, most of the village turns out to watch. Dinner at Kisampa. Campfire debrief. Pack (donate work clothes).

#### Day 8: Sunday 10 July

# TRANSIT (ISM)

AM - Drive to Moshi. This is a long drive - but interesting. Good to have a rest day in the vehicles! Restaurant lunch en-route at Segera. The lunch stop is interesting - because it is a 'local' lunch stop rather than a 'tourist' lunch place. PM - Continue drive to Moshi. With luck Mt Kilimanjaro will be cloud-free. Possible photo stop. Check into the International School Moshi. Dinner at ISM in Dining Hall. Other students from around the world may also be staying at ISM - we should meet them at dinner. Debriefing on verandah of dorms.

#### Day 9: Monday 11 July

#### MOSHI (ISM)

AM - Sort washing. Visit Tella Primary School on Mt Kilimanjaro (wear tour shirt). This is an emotional visit to a school, which Scotch has been sponsoring for 10 years. The drive up the mountain in the ISM 'Lorry' is memorable. Formal reception at school, which will include singing. Brief shopping in the village at the base of Kilimanjaro. Lunch at ISM in Dining Hall. PM - Free shopping afternoon in Moshi town. Moshi is a little less 'touristy' than Arusha and a pleasant place to wander. Dinner in Ameg restaurant in Moshi. Debrief.

## Day 10: Tuesday 12 July

#### TRANSIT (THE OUTPOST)

AM Tree planting on Kilimanjaro with the Jane Goodall Institute 'Roots and Shoots' programme. Collect washing. PM - Lunch at ISM in Dining Hall. Drive to Arusha. Check in to The Outpost. Leave washing (including tour shirt) and pack for Meru. Buffet dinner at The Outpost followed by Summits Africa briefing. Finalise packing for Meru. Early to bed.

#### Day 11: Wednesday 13 July

#### MERU (MIRIAKAMBA HUT)

Drive to Arusha National Park. We see our first animals today! Organise porters and begin ascent of Mt Meru. Overnight at Miriakamba Hut (2500m ASL). Great views of Kilimanjaro as the sun sets!

# Day 12: Thursday 14 July MERU (SADDLE HUT)

Continue to Saddle Hut (3500m ASL). A harder climb than yesterday - but better views! Climb Little Mt Meru at 3800m ASL - without packs! Overnight at Saddle Hut. Prepare for Summit and early to bed (8.00 pm) and rise again at 11.00 pm.

Day 13: Friday 15 July

MERU (MIRIAKAMBA HUT)

Rise 11.00 pm. "Breakfast". Climb to summit at 4565m ASL (Midnight to 7.00 am). Hard but exhilarating day! Descend to Saddle Hut for lunch and a short sleep. Continue descent to Miriakamba Hut for dinner and overnight.

Day 14: Saturday 16 July

ARUSHA (THE OUTPOST)

AM - Return to base. Drive to Arusha. Check into Outpost Hotel again. Collect washing and wash mountain clothes. PM - Free afternoon in Arusha! Shopping!! Buffet dinner at hotel. Quick debrief. Then deep, deep sleep!

Day 15: Sunday 17 July

TRANSIT (PANORAMA CAMP)

AM - Walk to Arusha Town Center. Free shopping morning in Arusha. Celebration lunch at Blue Wren. Collect washing from The Outpost. PM - Begin Safari. The first part takes us into the Rift Valley and Maasai territory. We will pass through Mto Wa Mbu. Camp at Panorama Camp Site overlooking the Rift Valley. Camp Supper. Debrief.

Day 16: Monday 18 July

SAFAFI (SIMBA CAMP)

AM - Descend into Ngorongoro Crater. Great day! We should see lots of animals. Classic African safari! PM - More game drive plus visit Ngorongoro Wildlife Lodge for afternoon tea. Camp at Simba campsite (often very cold). Camp Supper. Debrief.

Day 17: Tuesday 19 July

TRANSIT (THE OUTPOST)

AM - Travel to Esilalei to walk with Maasai and share cultural exchange. Picnic lunch. PM - Drive back to Arusha and The Outpost again. Collect washing. Chance for more shopping this afternoon. Buffet dinner at the hotel. Debrief.

Day 18: Wednesday 20 July TRANSIT (KURASINI CENTRE)

AM. Drive to Kilimanjaro International Airport. Fly back to Dar es Salaam. Buses to Kurasini Centre. Check in, sort washing, lunch at Kurasini Centre. PM - Visit Kibasila Secondary School. Shopping and pizza dinner at Slipway Markets. Pack.

# Day 19: Thursday 21 July

# RETURN HOME (SLEEP ON THE PLANE)

AM - ATYA conference with students from Whales and Kibasila schools (wear tour shirt). Combined lunch at Kurasini Centre. PM - Final debrief. Transport to airport. Depart for Perth on QR1348 @ 6.20 pm. Arrive Doha at 23.45 am.

Day 20: Friday 22 July RETURN HOME (SLEEP AT HOME!!)

Depart Doha on QR900 @ 02.20 am. Arrive Perth at 6.15 pm.